



Take your wellness program wherever you go.

Access your wellness portal on the go for endless opportunities and health resources. Track your wellness incentive, submit activities, or even participate in challenges and digital coaching courses — all right from your mobile device.

How to get started:

- 1 On your mobile device, download the MyWellApp from your Google Play or iOS app store.
- 2 On your desktop, log on to your wellness portal at MyHealthPark.com and click your avatar in the top right corner. Select Mobile Access from the drop down menu.
- 3 Click +New to generate an access code.
- 4 Please allow at least 5 minutes while your app syncs to your portal, then enter your code into the MyWellApp on your mobile device.

If you get an error message, please wait a few minutes, and enter the code again.
- 5 iPhone users, select 'Turn All Categories On' to sync your iHealth data to your Health Park portal.

